

**West End Montessori School  
Presents  
Parenting with  
*Positive Discipline***

Learn more at:  
**positivediscipline.  
org**

**Register  
now! Class  
starts**



**10 Steps to Positive Discipline:**

- Get into your child's world.
- Connect with kids.
- Invite cooperation.
- Take time for training.
- Choose your battles
- Encourage, encourage, encourage.
- Use discipline to teach.
- Be firm and kind.
- Take care of yourself.
- Let the message of love get through

This six-week course is designed for families with children up to the age of 12. It allows parents and caregivers to go through the process of changing how they look at misbehavior and their role as parents. Parents learn many of the Positive Discipline tools through experiential learning experiences.

**Facilitator:** Vickie Turnamian, Certified Positive Discipline Parenting Educator, CPDTE, PDTC  
**Day:** Six Tuesdays, Oct 2nd – Nov 6<sup>th</sup>, 2018  
**Time:** 7:00-9:15 p.m.  
**Cost:** WEMS Parents—\$100 individual; \$75 2<sup>nd</sup> family member  
 Guests outside WEMS community are welcomed—\$200 individual; \$140 2<sup>nd</sup> family member/caregiver  
*Positive Discipline* books by Jane Nelson, Ed.D. may be purchased for \$13 each, or, provide your own copy)  
**Location:** West End Montessori School  
**Questions:** 804 523 7536/email Vickie@ [positiveparenting@verizon.net](mailto:positiveparenting@verizon.net)

✂-----CUT HERE AND SUBMIT REGISTRATION, RETAINING GENERAL INFORMATION AND CLASS SCHEDULE-----  
 Adult(s) attending \_\_\_\_\_ Age of Child(ren) \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

**Fees Enclosed**

WEMS parent individual	\$100	\$ _____
WEMS 2 <sup>nd</sup> family member	\$75	\$ _____
Guest individual	\$200	\$ _____
Guest 2 <sup>nd</sup> family member	\$140	\$ _____
Positive Discipline Book	\$13	\$ _____
<b>TOTAL</b>	<b>\$</b>	<b>\$ _____</b>

**Please make checks payable to Vickie Turnamian**

RETURN TO WEMS OFFICE OR MAIL TO:

West End Montessori School  
9307 Quioccasin Rd. Richmond, VA 23229

# Positive Discipline

## Hear What WEMS Parents Are Saying

*"The class is highly effective in improving one's parenting skills. I would strongly advise both parents taking the course if possible. I have become more self-aware of how I am parenting and I consciously use the tools learned from the class. We are having fewer struggles. Vickie was Excellent."* **Michael G. Chang, M.D.**

*"The entire class was an Aha moment. Vickie is an amazing teacher who makes the class interesting and fulfilling. The demonstrations were very effective. I would absolutely recommend to any parent. You will be shocked at how effective PD is – I would like to have another week. My husband and I better understand our child and she feel empowered".* **Heather Strakele**

*"The PD role plays helped me to see scenarios from my child's perspective. I would definitely recommend to other parents as we all deserve to love parenting our children; this helps. We have less power struggles and we have become more respectful of one another."* **Tamara Broughton**

*"The role plays in each session really helped as they were situations I face daily. Now I feel I am able to handle it in a more positive manner and with confidence. I am more aware of the importance of being kind while firm and role modeling (not losing it). I am happy about the changes; it has been awesome. I was led through a confident seven week journey I won't forget."* **Sindhuja Vinodh**

*"This class has been a game changer for my family. I am a visual learner and the interactive class format brought it to life for me. I am more confident and my children are more confident and independent. I loved the sense of community and easy sharing that happened between the facilitator and parents."* **Anonymous**

*"The class could not have better! I wish all parents could get the book and take the class. It has made me feel more confident and in control. It gave me so many practical ideas to use. I would never have taken my three boys and friends on vacation alone without having these tools! I became a better Mom and that feels so good".* **Karen Lynn**

*"The role plays made the techniques come alive. I would 100% recommend this to others as it is not difficult and the children are so responsive to the techniques. It has made me identify more readily with my children's emotions... I loved the parenting/peer advice sessions at the end."* **Kathleen Hornik**

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**Location:** West End Montessori School

**Questions:** WEMS 804 523 7536 or e-mail [positiveparenting@verizon.net](mailto:positiveparenting@verizon.net)